

“GIVE THEM PLENTY OF GOOD, TASTY FOOD
AND THEY WILL BE HAPPY”

—FRANK FAT



FRANK FAT'S

OVERVIEW

Back in 1939, when Frank Fat opened his namesake restaurant, who would ever guess that a once penniless immigrant dishwasher from Canton, China, would soon pack his 806 L Street location with governors, U. S. senators and representatives, along with lobbyists, state stakeholders and legislators from both sides of the aisle. The rich and powerful came, and so did all of Sacramento and beyond. Fat's became legendary as California's "Third House" where landmark bills were drafted in back booths, and tort reform arose out of a famous "napkin deal".

This year, Frank Fat's will be Celebrating 75 year's in California's Capitol, and remains the dining choice for politicians, celebrities, tourists and locals. Frank Fat's takes pride in providing the same warm, friendly and cheerful service that made Frank, Wing, and Weyland so popular with customers, greeting each patron with a warm handshake and friendly smile. Today, Kevin, a third generation Fat, continues this tradition of excellent and personalized service.

THE CUISINE

Frank Fat's cuisine is a contemporary twist on traditional Chinese food that has garnered techniques from the diverse regions throughout China. The Frank Fat's menu features dishes influenced by styles of China's main provinces: Canton, Szechuan, Peking and Shanghai. Fine wine and spirits along with superb service makes Frank Fat's an experience that can't be beat.

JAMES BEARD FOUNDATION AMERICA'S CLASSIC

Frank Fat's holds the distinction of being one of the Capitol City's oldest eating establishments still operated by the same family. In March 2013, Frank Fat's was one in five restaurants in the nation to receive the James Beard Foundation America's Classic Award, an honor bestowed upon locally owned and operated restaurants that are the fabric of their community.

THE SETTING

Set in an elegant atmosphere and featuring authentic Chinese artifacts. Frank Fat's interior is adorned with a blend of contemporary and traditional-style art pieces, which acknowledge the rich heritage of the Chinese culture. Precious Chinese art and artifacts include a royal guardsman uniform (circa 1880) emblazoned with dragons, lavish screens, richly hued tapestry and a spectacular massive gold Laughing Buddha.

Some say that the restaurant represents the life of its originator, mingling contemporary and traditional, American and Chinese.

THE FAT'S RESTAURANT MISSION

“Treat our guests like family, feed them lots of good food and invite them to create their own “Fat's Experience.”

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FACT SHEET

CONTACT:

Frank Fat's
806 L Street
Sacramento, CA 95814
(916) 442-7092

CUISINE:

Contemporary twist on traditional Chinese cuisine,
while integrating flavors from modern day fine dining.

YEAR OPENED:

1939

EXECUTIVE CHEF:

Mike Lim

YEAR BUILDING CONSTRUCTED:

SEATING:

HOURS:

Mon - Fri: 11:00 am - 10:00 pm
Sat: 5:00 pm - 10:00 pm

MORE ON FRANK FAT:

Frank always had a genuine interest in people and their well-being which transcended race, age, and language barriers. Above all, his cheerful persona transcended partisan politics.

AWARDS AND ACCOLADES

2013 James Beard Foundation America's Classic Award

STAFF

MENU

[Link to download menu](#)

PHOTOS

[Downloadable links to photos](#)